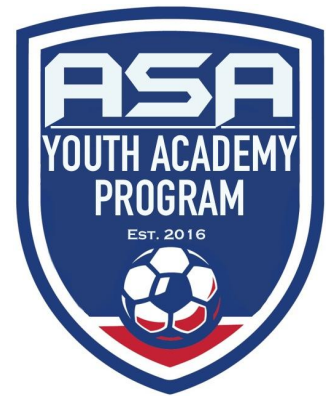


Competition Safeguarding



What is Competition Safeguarding?

Techniques and tools used to adjust an inappropriate matchup.

When should this be used?

When one team is leading by 4 goals, consider using the Competition Safeguarding Steps. If a team is leading by 6 or more goals, the Competition Safeguarding Steps **must** be used.

Why should this be used?

Unbalanced competition impedes development.

- The dominating team can lack intensity and competitiveness, lose discipline, and disengage from the game.
- The losing team can get frustrated, lack intensity and competitiveness, lose discipline, and disengage from the game.

What are a few Safeguarding Steps?

- Move the buildout line back to midfield or appropriate location.
 - Add a buildout line for 9v9 game.
- Add a player to the team that is behind.
- Move players around so the more dominant players get opportunities in positions outside of the spine of the team.
- Encourage or challenge the winning team with a specific task or challenge--not a restriction. (Ex: Pass back to the goalkeeper when you win the ball or try to score off of a cross).